



## ISSUE IN FOCUS: BULLYING

At Pershore High School we believe that any form of bullying is NEVER acceptable; bullying is always damaging, both for the bullies and the targets.

To be able to help, we need to be told about it.

### What do we do at PHS?

- We initially take a 'no-blame' approach by meeting with the bully and discussing their behaviour.
- We might arrange a meeting with both parties and mediate a discussion.
- We might speak with the bully with their parents.
- Ultimately, there will be consequences for the bully if their behaviour does not stop.

No action will be taken without a discussion with the target first.

Bullying is not the fault of the target.

Helpful advice for parents can be found at [www.kidscape.org.uk](http://www.kidscape.org.uk) from which the following is taken:

'Bully-proof' your child by emphasising a positive outlook, standing tall and making eye contact, explaining that reacting to the bullying only encourages them – although staying calm is not easy. Reassure them that together we can stop the bullying.

If your child is the bully: stay calm and find out what your child has been doing; is it a pattern or a one-off incident? Work with PHS staff to help your child learn better habits.

Websites that include advice on cyber bullying:

[www.childnet.com](http://www.childnet.com)

[www.anti-bullyingalliance.org.uk](http://www.anti-bullyingalliance.org.uk)

## FOR THE SAFETY OF OUR STUDENTS:

Pershore High School considers the well-being and protection of students to be of highest priority.

All parents/carers must sign in at Reception when visiting school, even when needing to meet a member of a House team. It is particularly important that this is done even if you may be bringing in a forgotten lunch box or piece of equipment.

## IN CASE OF EMERGENCIES:

Please leave at least one additional contact name and telephone number with the relevant House office in case you are not available.

## ON-LINE SUPPORT AVAILABLE:

There are many issues that may (or may not) arise during the teenage years.

On the website you will find a booklet under the 'Parents' section titled 'The Teenage Years' that contains information on some of the issues and links to a number of websites that offer support.

[www.pershore.worcs.sch.uk](http://www.pershore.worcs.sch.uk)

Concerned that your child is anxious or worried? You might find the following website of use:

[www.minded.org.uk/families](http://www.minded.org.uk/families)

Protecting against the possibility of Child Sexual Exploitation: <http://paceuk.info/>

If you have any concerns, please do not hesitate to contact us and we will endeavour to support you to resolve the situation as soon as possible.

### HOUSE TEAMS -

Armstrong House –

[ArmstrongCentre@pershore.worcs.sch.uk](mailto:ArmstrongCentre@pershore.worcs.sch.uk)

Kingsley House

[KingsleyCentre@pershore.worcs.sch.uk](mailto:KingsleyCentre@pershore.worcs.sch.uk)

Magellan House

[MagellanCentre@pershore.worcs.sch.uk](mailto:MagellanCentre@pershore.worcs.sch.uk)

### DESIGNATED SAFEGUARDING LEAD –

Sandy Poulton – [sp@pershore.worcs.sch.uk](mailto:sp@pershore.worcs.sch.uk)

## Extra help for students

Students who wish to access independent, confidential help with personal and health issues can do so through outside agencies visiting the school.

## School Nurse Service

Tina, the school nurse, is in on Mondays. To make an appointment, see main Reception/Tutor/House Team. Appointments will run from 11.00am–1.20pm in the Interview Room.

## Time 4 U

Time 4 U offers a drop-in service in the Sports Pavilion, on Thursdays as follows:

**Year 12/13 12.30-1.20pm Year 9–11 lunchtime**

This service is confidential and independent and offers advice on a range of issues such as relationship advice, stress, bullying and sexual health.

More information can be found on the Time4U website

[http://www.playinitsafe.co.uk/findaservice/service\\_time4u.html](http://www.playinitsafe.co.uk/findaservice/service_time4u.html)

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