



## Parental Guidance for Attendance

### Should my child go to school today?

Infection or complaint	Recommended period to be kept away	Comments
Chicken Pox	Until all vesicles have crusted over	
Conjunctivitis	None	
Coughs and colds	None	Drink plenty of fluids
Diarrhoea and vomiting	None	Return to school when stopped
German Measles	Four days from onset of rash	
Headache, earache and stomach ache	None	Drink plenty of fluids
High Temperature	None	Drink plenty of fluids
Flu	Until recovered	
Impetigo	Until lesions are crusted and healed, or 48 hours after starting antibiotic treatment	Antibiotic treatment speeds healing and reduces the infectious period
Measles	Four days from onset of rash	
Molluscum contagiosum	None	
Mumps	Five days after onset of swelling	
Period pains	None	Heat packs available in School
Scabies	Return after first treatment	Household and close contacts require treatment
Shingles	Exclude only if rash is weeping and cannot be covered	
Sore throat, tonsillitis and glandular fever	None	Drink plenty of fluids

## **Examples of Medical Evidence**

- Medical appointment card confirming date and time of attendance
- Copy of prescription showing name and date
- Prescribed medication with pharmacist label showing name and date
- Medical/Orthodontic/Hospital appointment letter
- Hospital discharge letter
- Unfit for school declaration letter from  
GP/Consultant/Paediatrician/Psychiatrist/Psychologist
- Written parental permission for School to contact GP

## **Appointments**

Whilst it is appreciated that students may need to attend appointments during the school day, please attempt to make appointments in school holidays, or before or after school. If this is not possible, please attempt to make appointments early or late in the school day to minimise the amount of lesson time missed.

Please ensure that students attend school before or after appointments if they are later in the school day.

The relevant House Office should be contacted in advance of any known appointments.

## **Support in School**

- Special arrangements can be made to help your child remain in school during periods of illness or injury
- Pupils with mobility difficulties i.e crutches/plaster casts will be allowed to leave lessons early with another student to help carry bags if needed.
- In the Medical Room are a team of First Aiders should your child become ill or injured whilst at school. They will assess your child and contact parents or carers if necessary.
- A School Nurse visits weekly and students are able to make appointments if required.
- Drop in sessions held weekly with Pastoral Mentor.
- Pastoral support from each of the House Offices.