



Avonreach



Collaborating for Success

<b>Responsibility</b>	Zoe Budding
<b>Date of last review</b>	June 2020
<b>Date of next review</b>	June 2022
<b>Approval by</b>	PHS Governors
<b>Approval Date</b>	24/06/20
<b>Version Control</b>	Original Version June 2020

## Relationships education, relationships and sex education (RSE) and health education

*This policy should be read in conjunction with the Safeguarding Children policy and the Equal Opportunities policy*

Relationships and Sex Education is learning about the emotional, social and physical aspects of growing up, relationships, sex, human sexuality and sexual health.

### AAT Values statement

Avonreach Academy Trust believes that the teaching of relationships education, relationships and sex education (RSE) and health education is an important part of the curriculum in its schools. We agree with the DfE that this is a vital component of learning if we are to work with parents and careers to equip our children for adult life and a healthy and positive future. However, we believe that it is equally important that topics are taught in an age-appropriate fashion.

### Member of Staff Responsible for Relationships and Sex Education:

Zoe Budding (Assistant Headteacher (Pastoral) and Designated Safeguarding Lead)

### Policy Formation and Consultation

This policy was developed using the most recent guidance to schools, including 'Relationships Education, Relationships and Sex Education (RSE) and Health Education Statutory guidance for governing bodies, proprietors, head teachers, principals, senior leadership teams, teachers July 2019', 'Sex and Relationship Education Guidance 2000' and the statutory Framework 2020. Consultation on RSE content was made with Leadership Team, Parent Panel and Student Voice groups including the LGBT support group. It was reviewed by Governors before being adopted as school policy.

A copy of this document is freely available on the school website.

Parents will have an opportunity to review content and teaching of RSE through parent curriculum evenings throughout the school year.

## **DfE Guidance on Relationships and Sex Education**

The Department for Education is introducing compulsory Relationships Education for primary pupils, and Relationships and Sex Education (RSE) for secondary pupils from September 2020. From September 2020 it will be compulsory for all schools to teach Health Education.

The aim of doing this is to support all young people to be happy, healthy and safe by equipping them for adult life and to make a positive contribution to society.

This link provides access to DfE information: <https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education>

## **Teaching of Relationships and Sex Education in Pershore High School**

The teaching of RSE in school aims to

- Provide knowledge of sexuality and the process of human reproduction in a balanced and sensitive manner
- To address misconceptions, prejudices and false assumptions and to create a positive atmosphere in which sensible questions can be asked and responsible discussion can take place
- To help young people understand the physical, emotional and moral implications of certain types of behaviours
- To encourage respectful and responsible behaviours from and to young people
- To help young people understand the value of healthy relationships, stable family life, marriage and the responsibility of parenthood
- To help young people recognise the signs of damaging, exploitative or abusive behaviour within relationships
- To provide signposting to organisations and pathways that offer help and advice

The teaching of RSE will include:

- Factual information, for example about the human body, sex and STIs
- Factual information about laws surrounding sex and relationships
- Discussions, case studies and video clips to allow:
  - Understanding and clarification of the meaning of consent
  - Opportunities to explore and clarify others' opinions surrounding sex and relationships
  - Understanding and recognition of what constitutes a healthy relationship
  - Opportunities to explore morally challenging situations
  - Opportunities to explore ideas about family, marriage and parenting.

## **Subject Content**

The teaching of RSE in school is as part of the PSHE programme covering wellbeing and health (including the use of legal and illegal drugs) in addition to sex and relationships as set out below. Teaching about relationships and risky behaviours can be found in context within many of the topics shown in addition to discrete sex education topics.

Character Education may touch on relationships in the context of personal wellbeing.

The Science Curriculum in Year 10 covers some STIs, and in Year 11 covers contraceptive methods, the menstrual cycle, fertility, IVF, inheritance and associated ethical issues.

Year 8	Year 9	Year 10	Year 11
Health	Peer Pressure and Bullying	Drugs and the Law	What is Health?
Resilience	Bullying or Banter?	Cannabis, Shisha and Spice	Mental Health and Stress
Social Health (families)	Conflict Resolution	Class B Drugs	Anxiety
Respect and Bullying	Eating Disorders	Binge Drinking	Low Mood and Depression
Friends	Internet Safety Screen Time	Addiction and Recovery	Resilience
Adolescence	Online Grooming	Healthy Relationships	
Smoking and Vaping	Sexting	Consent	
Online Health	Safer Relationships	Healthy Sex	
Safety and First Aid	What is Love?	Sharing Sexual Images	
	Sex and Contraception	Teenage Pregnancy	
	Consent	Pregnancy and Parenting	
	STIs	Pornography	
	CSE	Personal Wellbeing and identity	
	Alcohol		
	Illegal Drugs		

## Confidentiality

This section links closely to the school's safeguarding policy, which should be referred to for more detail.

### - In Lessons

The students are encouraged to discuss and lay ground rules for PSHE at the start of each unit. Students are encouraged to speak of examples and general terms, rather than personal. However, what is said in a classroom is by definition not confidential. If a member of staff is concerned about a comment, view or disclosure from a student in their lesson they will report it, usually through CPOMS, to the House or Safeguarding Teams.

### - Individually

Teachers cannot promise confidentiality to students. A student can, however, expect discretion. If a teacher or other member of staff is concerned about a comment, view or disclosure from a student they will report it, usually through CPOMS, to the House or Safeguarding Teams.

If a member of staff feels a student is **at risk**, or they have a **serious concern**, they must in addition share this concern **as soon as is reasonably possible**, in person, with a member of the safeguarding team.

**Withdrawal of Students from Relationships and Sex Education** Parents will continue to have a right to request to withdraw their child from sex education delivered as part of RSE in secondary schools which, unless there are exceptional circumstances, should be granted up to three terms before their child turns 16. There is no right to withdraw from Relationships or Health Education as the DfE believes that the contents of these subjects – such as family, friendship, safety (including online safety) – are important for all children to be taught.

Any parent wishing to withdraw their child from sex education should seek a discussion with the Headteacher or PSHE co-ordinator.

## Equal Opportunities

This policy links closely with the equal opportunities policy which lays out the school's values and vision for all students. Discussion about heterosexual and LGBT relationships will take place, in context, in sex and relationships lessons in order to meet the needs of all students and to ensure that diversity within the school community is celebrated and not a cause for bullying, denigration or isolation.

The DfE stresses that students should receive teaching on LGBT content during their school years. Teaching children about the society that we live in and the different types of loving, healthy relationships that exist can be managed in a way that respects all. Secondary schools should cover LGBT content in their RSE teaching. RSE should meet the needs of all pupils, whatever their developing sexuality or identity – this should include age-appropriate teaching about different types of relationships in the context of the law.

Lesson discussion and resources will be appropriate for all abilities and understanding of relationships.

In the PSHE programme we will select activities and resources that are age, experience, reading level and culturally appropriate. All lessons seek to engage both boys and girls equally well.

### **Monitoring and Evaluation of Relationships and Sex Education Programme**

Evaluation meetings will be held annually with staff teaching the programme and student views obtained through self-reflection, evaluation and Student Voice groups.