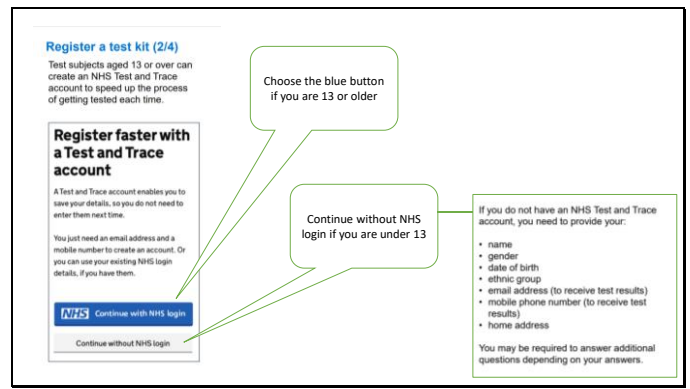


Please read this document down the first column and then down the second column.

These instructions are also available full size on the school website



Register a test kit (2/4)
Test subjects aged 13 or over can create an NHS Test and Trace account to speed up the process of getting tested each time.

Register faster with a Test and Trace account
A Test and Trace account enables you to save your details, so you do not need to enter them next time. You just need an email address and a mobile number to create an account. Or you can use your existing NHS login details, if you have them.


Choose the blue button if you are 13 or older

Continue without NHS login if you are under 13

If you do not have an NHS Test and Trace account, you need to provide your:

- name
- gender
- date of birth
- ethnic group
- email address (to receive test results)
- mobile phone number (to receive test results)
- home address

You may be required to answer additional questions depending on your answers.

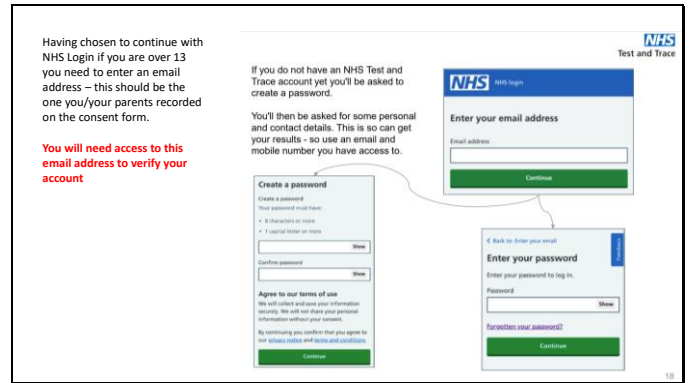


Lateral Flow Testing (LFT)

- This is designed to identify people in school who may be asymptomatic and therefore spreading the virus without realising it.
- You can only take part in LFT if you are under 16 and your parent/carer has consented online or if you have consented online yourself if you are over 16
- You should not participate if you have had COVID in the last 90 days

You need to follow the instructions carefully – there are two stages:

- Completing the swabbing correctly (otherwise you may get a false negative result)
- Signing up to the NHS tracing for LFTs (and registering if you are over 13)



Having chosen to continue with NHS Login if you are over 13 you need to enter an email address – this should be the one you/your parents recorded on the consent form.

You will need access to this email address to verify your account

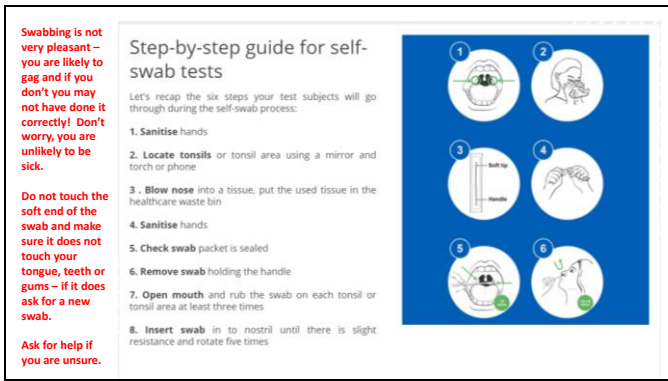
If you do not have an NHS Test and Trace account yet you'll be asked to create a password.

You'll then be asked for some personal and contact details. This is so you can get your results – so use an email and mobile number you have access to.

Create a password
Your password must have:
• 8 characters in total
• 1 capital letter or more
• 1 special character or more

Enter your email address
Email address
Continue

Enter your password to log in
Enter your password to log in
Password
Confirm password
Forgot your password?



Swabbing is not very pleasant – you are likely to gag and if you don't you may not have done it correctly! Don't worry, you are unlikely to be sick.

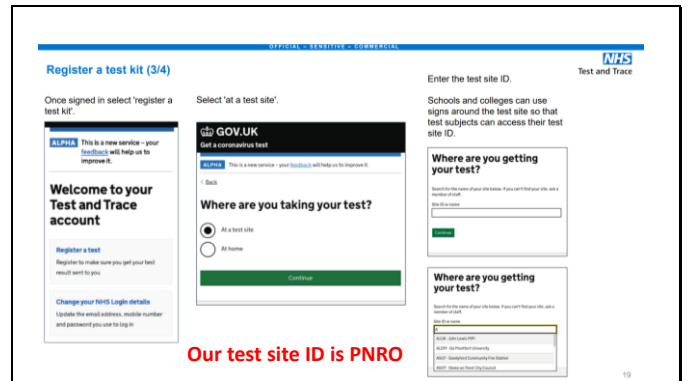
Do not touch the soft end of the swab and make sure it does not touch your tongue, teeth or gums – if it does ask for a new swab.

Ask for help if you are unsure.

Step-by-step guide for self-swab tests

Let's recap the six steps your test subjects will go through during the self-swab process:

1. Sanitise hands
2. Locate tonsils or tonsil area using a mirror and torch or phone
3. Blow nose into a tissue, put the used tissue in the healthcare waste bin
4. Sanitise hands
5. Check swab packet is sealed
6. Remove swab holding the handle
7. Open mouth and rub the swab on each tonsil or tonsil area at least three times
8. Insert swab in to nostril until there is slight resistance and rotate five times



Register a test kit (3/4)

Once signed in select 'register a test kit'

Select 'at a test site'

Where are you taking your test?
At a test site
At home


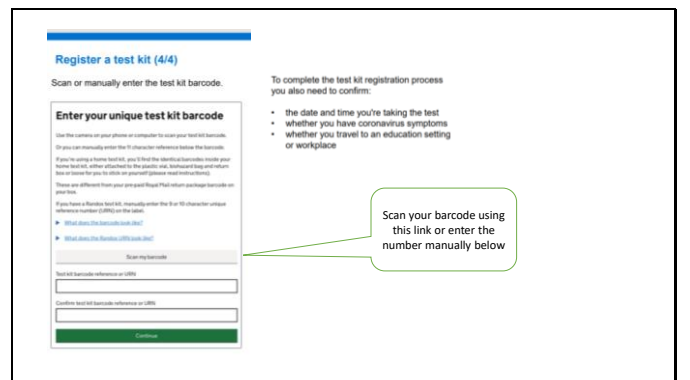
Enter the test site ID.
Schools and colleges can use signs around the test site so that test subjects can access their test site ID.

Our test site ID is PNRO

Where are you getting your test?
At a test site
At home

Signing up to the NHS LFT site

- You will be issued with a test registration card. Please write your name in the space provided and look after it!
- You will be given a barcode which identifies your test and links it to you
- The next steps can be done if you are over 13 – (if you are under 13 you will need to complete the online form every time you have a test)
- You can complete this up to 24hrs in advance or for 24hrs following your test so can do it at home if you don't have sufficient data
- You will need to verify the email address so if your parents recorded theirs on the consent form you will need to do this with them
- Scan the QR code to access the site or type in the URL:
gov.uk/enter-lateral-flow-test

Register a test kit (4/4)

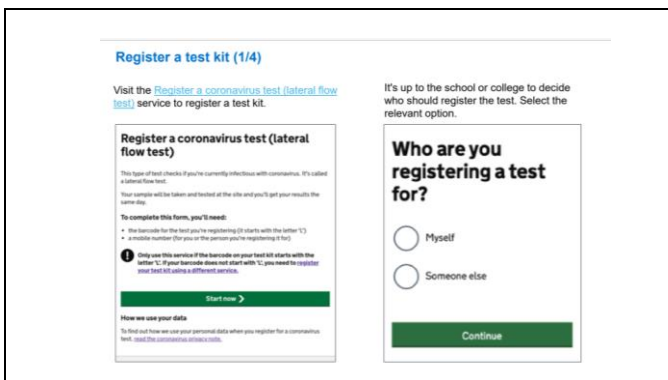
Scan or manually enter the test kit barcode.

To complete the test kit registration process you also need to confirm:

- the date and time you're taking the test
- whether you have coronavirus symptoms
- whether you travel to an education setting or workplace

Enter your unique test kit barcode

Scan your barcode using this link or enter the number manually below



Register a test kit (1/4)

Visit the [Register a coronavirus test \(lateral flow test\)](#) service to register a test kit.

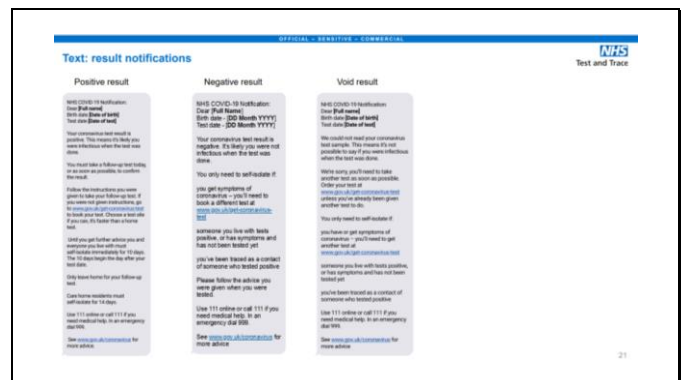
It's up to the school or college to decide who should register the test. Select the relevant option.

Who are you registering a test for?

Myself

Someone else

Continue



Text: result notifications

Positive result	Negative result	Void result
<p>Positive result</p> <p>Two lines are visible: a blue line and a red line. (See how to read your test kit.)</p> <p>This means you have a positive result. You may have COVID-19. You should self-isolate and get a PCR test as soon as possible.</p> <p>If you have a positive result, you should follow the advice on the NHS website for more information on what to do next.</p> <p>If you have a positive result, you should follow the advice on the NHS website for more information on what to do next.</p>	<p>Negative result</p> <p>One line is visible: a blue line. (See how to read your test kit.)</p> <p>This means you have a negative result. You do not have COVID-19. You do not need to self-isolate.</p> <p>If you have a negative result, you should follow the advice on the NHS website for more information on what to do next.</p>	<p>Void result</p> <p>No lines are visible. (See how to read your test kit.)</p> <p>This means you have a void result. You have not used the test kit correctly. You should get a new test kit and try again.</p> <p>If you have a void result, you should follow the advice on the NHS website for more information on what to do next.</p>